



MSU Retiree Association's [Web Site](#) and [Brochure](#) (revised 9Feb2020)

MSURA SPARTAN SENIOR NEWSLETTER February-March 2020: [Online here.](#)
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WEDNESDAY, FEBRUARY 26, 2020 MSU: AN AGE FRIENDLY UNIVERSITY, CLARE LUZ, ASSOCIATE PROFESSOR, DEPARTMENT OF FAMILY AND COMMUNITY MEDICINE. Michigan State University recently achieved a major international mark of distinction, acceptance into the Age-Friendly University, or AFU, network. This designation is reserved for universities with values that align with 10 AFU principles, endorsed by the World Health Organization and the Academy for Gerontology in Higher Education. This presentation explores what it means to be an AFU and why it is important. It will also review MSU AgeAlive – a program for all ages aimed at promoting quality of life and wellbeing throughout life and student, faculty and retirement success. Goals include becoming the university's central information and resource center on aging by building a complete inventory of MSU's rich aging-related activities and offering multiple ways to connect people. Specific areas of focus are on the need for meaningful retirement pathways, support for caregivers, and providing intergenerational and life-enrichment experiences including lifelong learning. The meeting will be held at the MSU Kellogg Center in the Heritage room at 1:30PM to 2:30PM. Coffee and donuts at 1PM. Parking passes available.

Clare Luz, PhD is Founding Director of AgeAlive and a gerontologist whose research focuses on quality of life for vulnerable older adults, long-term care health services, particularly the eldercare workforce shortage, and the intersection of aging, health, and the arts. She is also Director of IMPART Alliance, currently funded by the Michigan Health Endowment Fund, which is an organization dedicated to building a sustainable infrastructure in Michigan for developing and supporting the personal care aide workforce. She has served on the Michigan Long-Term Supports and Services Advisory Commission, the Michigan Society of Gerontology board, and the National Quality Forum's Home and Community-Based Care Committee.

Co-sponsor: The Office of University Outreach and Engagement provides meeting space, coffee and parking passes. Faculty Emeriti Association Lectures are open to all those interested.

MARCH MEMBERSHIP MEETING, MONDAY, MARCH 9, 2020 DR. CHARLES

BALLARD. He will speak on the economic impact facing retirees. Ballard has been on the Economics faculty at Michigan State University since 1983, when he received his Ph.D. from Stanford University. In 2007, he became Director of the State of the State Survey, in MSU's Institute for Public Policy and Social Research. He currently serves as Chair of the Board of Directors of the Michigan League for Public Policy. His books include "Michigan at the Millennium" and "Michigan's Economic Future." The Meeting will be held at the MSU Federal Credit Union Farm Lane & Mt Hope branch Community room at 2PM, coffee and donuts at 1:30PM.

MSURA-STRAIGHTLINE FINANCIAL PLANNING EVENT, TUESDAY, MARCH 24,

2020 The 3 Ps for Retirees - Protection, Predictions and Pitfalls. This will be held at the MSU Federal Credit Union Farm Lane & Mt Hope branch Community room from 1:30-3:30PM, coffee at 1PM.

WEDNESDAY, APRIL 1, 2020 1PM MSURA VOLUNTEER FAIR, "RETIREE

VOLUNTEERISM; BENEFITS AND OPPORTUNITIES". Event MC is Roger Baldwin, President, MSU Retirees Association. Keynote address by Teresa Kmetz-She, CEO, Capital Area United Way. She will talk about the opportunities, benefits and considerations of volunteering as a retiree. A panel of retirees will illustrate some of their personal experiences, successes and challenges with volunteerism. Moderator, Lori Strom. Paula Cunningham, AARP State Director, to facilitate and discuss volunteer opportunities for seniors. Meeting will be held at the MSU Federal Credit Union Farm Lane & Mt Hope branch Community room at 1PM to 3:30PM, coffee and donuts at 1PM.

FRIDAY, APRIL 10, 2020 MSURA DINNER-THEATRE EVENT,

the performance "Marian, Or the True Tale of Robin Hood," 8 p.m at Wharton Center's Pasant Theatre. The show is a MSU Department of Theater production. Tickets are available at www.whartoncenter.com. Individuals will purchase their own tickets. We have arranged an entire evening for you. You can join a group for dinner before the performance at 5 p.m. at Coral Gables at 2838 East Grand River in East Lansing. Email, text or call Jacqie Babcock to reserve space for dinner (jbabcock@msu.edu; 517-282-6861). Individuals will pay for their own meals. More information is available in [Feb-March MSURA newsletter](#).

MONDAY, APRIL 20, 2020 MSURA BUS TOUR TO MEIJER GARDENS AND FORD

PRESIDENTIAL MUSEUM IN GRAND RAPIDS. Details and sign-up information is available in the [Feb-March MSURA newsletter](#).

2020 UNITED STATES CENSUS IS RECRUITING TEMPORARY PART-TIME AND

FULL-TIME HELP, PAYS \$18 AN HOUR AND UP. If interested visit the web site at 2020census.gov/jobs for more details. These are temporary positions renewable every eight weeks and end by October 2020 or sooner.

VACCINATIONS FREE TO MSU RETIREES at MSU Clinical Center Pharmacy Monday through Friday 8AM to 5PM. Questions check [Pharmacy's web site](#) or call the Pharmacy, 517-353-3000.

- * **Flu vaccines**
- * **Shingles vaccines, “SHINGRIX”**
- * **Tetanus vaccines, “Tdap”**

PART-TIME EMPLOYMENT OPPORTUNITIES: Who says you can’t go back to work? Culinary Services has many positions available that are perfect for retirees! There are various hours and shifts within the dining halls including hosts, kitchen prep, platform servers and dining room attendants. They offer competitive wages and flexible schedules! And they value your experience and commitment to MSU. Please apply on-line by going to jobs.rhs.msu.edu and search for “MSU Retiree” under “Non-student” jobs. If you have any questions, please contact RHS Employment at 517-884-0634.

TRI-COUNTY OFFICE ON AGING PROGRAMS FOR SENIORS

Tri-County Office on aging has a number of programs to assist seniors? Most are FREE of charge. Check out what they have coming up including programming addressing: diabetes, chronic pain, managing concerns about falls, and programs for caregivers too. <https://www.tcoa.org/classesevidence-based-programs/>

MSU ELI AND EDYTHE BROAD ART MUSEUM EVENTS, current and up coming [events](#).

MSU COLLEGE OF MUSIC EVENTS. Interested in musical experiences? See their website’s [Events Page](#) for upcoming performances, along with details.

MSU THEATER’S EVENTS, check out theatre.msu.edu to see the special events and programming.

MSURA GROUPS AND ACTIVITIES: There are several interest groups on our website – with everything from bowling to walking [click for list](#). Below is information on current active groups.

<u>GROUP</u>	MSURA GENERAL INFORMATION	CONTACT
<u>Amateur Radio Club</u>	We are amateur radio enthusiasts.	Ed Oxe, W8EO at oxer@msu.edu .
<u>Genealogy</u>	Meets monthly, contact Cathy Estrada for more information.	Cathy Estrada cje1026@yahoo.com (517) 256-3733

<u>Knitters</u>	Meetings are every other Tuesday in room 27 Nisbet bldg.	Rosemary Pavlik, pavlik@msu.edu
<u>Quilters</u>	3 rd Monday of each month at 1:00PM at University Luther Church, 2010 S. Harrison, EL	Ann Booren, boorena@msu.edu
<u>Travel Discussion</u>	Contact Al LeBlanc for meeting times and more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
<u>Military History Study</u>	Meetings announced through email. Contact Al LeBlanc for more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
<u>Walking</u>	Walk the campus river trail and other great places with your fellow retirees. Contact Rick Vogt for more information.	Rick Vogt, vogtrick@comcast.net

MSURA FACEBOOK PAGE: Are you involved in an interesting endeavor? MSURA wants to hear from you! Send us photos and/or a paragraph of your involvement and we'll add to the MSURA Facebook page. View all MSURA posts and photos at <https://www.facebook.com/MSURetirees>.

MSURA ENDOWED STUDENT SCHOLARSHIP: The MSU Retirees' Association started a endowed student scholarship in 2015. We wanted to support the next generation of our Spartan families. Today, we have endowed two scholarships and we are working on the third. These \$2500 scholarships are a big help in helping our young people. If you would like to contribute or make a pledge, go to www.givingto.msu.edu/1923; Additional contributions are welcomed and very much appreciated by the MSU students who benefit from these scholarships.

MSURA VOLUNTEERS: The MSU Retirees Association is an all-volunteer organization, and everything we do is made possible by MSU retirees and their spouses. If you have an interest in volunteering with the MSURA by sharing your ideas, time and talents, or willing to help in any way, please give us call at [517-353-7896](tel:517-353-7896) and leave your name and phone number. Thank you for your interest and willingness to serve MSURA.

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